

Leadership in Dance Instruction

NELSON DANCE CENTER

1901 W. Main St. ~ St. Charles, Illinois 60174 ~ (630) 584-2535

The Fox Valley's Longest Established and Best Equipped Dance School

This School has been giving quality instruction for over 80 years! We must be doing something right!

The Nelson Dance Center is the longest established continuously operating dance school in the area with the most experience in providing quality dance instruction

BALLROOM & COUPLES DANCE



All Photos are of our students trained exclusively at this school

Enroll NOW and Learn to Dance for your holiday parties!

It is NOT necessary to have a partner. You may also come in by yourself and dance with a teacher.

Our dance school has taught more couples how to dance together than all the other dance schools in the tri-cities area combined. No other school in this area can match our experience in teaching Ballroom and other types of couples dancing. The various couples dances we teach include: Salsa, other Latin Dances, Swing, Freestyle, Club dancing, World Beat, the more traditional dances such as Waltz and Foxtrot, etc., and most other dances. If you want to learn to dance for a wedding, for an important party or event or just for general fun, we have a course designed to fit your needs. **Many of our courses allow you to come in for as long and as often as you wish. You may also come in at different times as your schedule permits rather than at a set class time each week. We have courses designed for busy adults who want to learn to dance well and quickly without interfering with their busy daily schedule. Phone us today at (630) 584-2535 to make your first appointment.**



Although we focus on private instruction for couples dancing, we also have mixers, parties and other practice opportunities.

Can't Dance?

Would you like to learn?
NOW is the time!

Getting married?

Going to a wedding?

Going on a cruise?

Just want to learn?

Want a workout?

We'll teach you **everything** and
anything you need to know about
dancing!

Private lessons and Classes available!

Call Nelson Dance Center Now at
(630)-584-2535 to set up an Intro Lesson!

Visit us at nelsondance.com



**go ahead—dance
with the stars**
Bored with walking? Try waltzing! A recent Italian study found that ballroom dancing can improve heart function in heart disease patients. "Dancing is fun, it lifts your spirits and it's got heart-health benefits," says Jennifer Mieres, M.D., director of nuclear cardiology and associate professor of medicine at New York University School of Medicine. "Partnering with your spouse or a friend just extends those benefits to your loved ones."